

RQI® BLS Provider—True Start; Enduring Web Course

Original Release Date: 10/22/2025
Last Review Date: September 2025
Termination Date: 10/21/2028

Description

RQI BLS Provider—True Start is an online, cognitive program that will adequately prepare students for hands-on practice and testing of BLS skills. It uses a variety of eLearning assets such as dramatizations, animations, self-directed learning, and interactive activities to teach students BLS knowledge and skills.

Learning Objectives

At the conclusion, participants should be able to

1. Describe the importance of high-quality CPR and its impact on survival
2. Apply the BLS concepts of the Chain of Survival
3. Recognize the signs of someone needing CPR
4. Perform high-quality CPR for an adult, a child, and an infant
5. Perform chest compressions using correct hand placement at the correct rate and depth with chest recoil
6. Demonstrate effective breaths or ventilation
7. Describe the importance of early use of an automated external defibrillator (AED)
8. Demonstrate how to use an AED
9. Perform as an effective team member during multirescuer CPR
10. Describe how to relieve a foreign-body airway obstruction for an adult, a child, and an infant
11. Describe how to help someone in an opioid-associated emergency
12. Describe how to perform high-quality CPR on a pregnant person, including manual lateral uterine displacement, during maternal cardiac arrest
13. Describe the drowning Chain of Survival

Accreditation Terms

Joint Accreditation: 10/22/2025 – 10/21/2028

CAPCE: 10/22/2025 – 10/21/2028

AARC: N/A

Accreditation Statements

Joint Accreditation Statements



In support of improving patient care, this activity has been planned and implemented by The American Heart Association. The American Heart Association is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

AMA Credit Designation Statement - Physicians

The American Heart Association designates this activity for a maximum of 1.50 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAPA Credit Acceptance Statement – Physician Associates

AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit™* from organizations accredited by ACCME or a recognized state medical society. Physician associates may receive a maximum of 1.50 hours of Category I credit for completing this program.

AANP Credit Acceptance Statement – Nurse Practitioners

American Academy of Nurse Practitioners (AANP) accepts *AMA PRA Category 1 Credit™* from organizations accredited by the ACCME.

ANCC Credit Designation Statement - Nurses

The maximum number of hours awarded for this CE activity is 1.75 contact hours.

ACPE Credit Designation Statement – Pharmacists

ACPE Credit: 1.25 Contact Hours. Universal Program Number: JA0000134-0000-25-041-H01-P

****ACPE Credit must be claimed within 30 days of participation. ACPE credit will no longer be available to claim after the 30-day period has elapsed.**

Continuing Education Accreditation – Emergency Medical Services

This continuing education activity is approved by the American Heart Association, an organization accredited by the Commission on Accreditation of Pre-Hospital Continuing Education (CAPCE), for 2.00 Basic CEHs, activity number 25-AMHA-F4-0037.

By claiming CAPCE credit, the claimant acknowledges the following: I understand that the American Heart Association as a requirement of CAPCE accreditation will submit a record of my course completions to the CAPCE AMS. I further understand that my course completion records may be accessed by or shared with such regulators as state EMS offices, training officers, and NREMT on a password-protected, need-to-know basis. In addition, I understand that I may review my record of CAPCE-accredited course completions by contacting CAPCE.

Participation and Successful Completion

Successful completion of this CE activity includes the following:

1. Complete all portions of the online activity
2. Complete the course evaluation
3. Receive the certificate/statement of credit

Disclosure Statement

All persons in a position to control educational content of a CE activity provided by the American Heart Association must disclose to the audience all financial relationships with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. The presence or absence of all financial relationships will be disclosed to the audience in activity materials. All unlabeled/unapproved uses of drugs or devices discussed will also be disclosed to the audience. All relevant financial relationships have been mitigated prior to the commencement of the activity.

The following authors/faculty have declared NO financial interest(s) and/or affiliations:

Mark Terry, MPA, NRP
Deb Torman, EdD, MBA, ATC, EMT-P, SSBB
Sallie Johnson, PharmD
Tracy Stell, BSN, RN, CNML
Kris Leon, CEP
Koji Sakaida, MD
Fabián Gelpi, MD
Denis Cristian Toledo Corrêa, PT, RRT
Erika Walton, MSN, RN, NPD-BC
Allison Leidy Corder, MA, CCLS
Julie Mallory, MBA
Yuria Matsushita
Comilla Sasson, MD, PhD, FAHA, FACEP
Julie Sell, MSN, RN, CEN
Nekeisha Harrison, RN

This list represents the relationships that may be perceived as actual or reasonable conflicts of interest as reported on the Disclosure Questionnaire, which all AHA volunteers are required to complete and submit. The focus is on relevant financial relationships with commercial interests in the 24-month period preceding the time that the individual is being asked to assume a role controlling content:

N/A

Target Audiences

1. Physicians
2. Physician Associates
3. Nurse Practitioners
4. Nurses
5. Pharmacists

6. EMS

Accessibility Statement

RQI Partners is committed to fostering diversity, equity, and inclusion as core values. As part of this commitment, we strive to ensure that all individuals (customers, employees, and guests), regardless of ability, have equal access to our programs and platforms. Accessibility is integral to our mission, and our company works diligently to conform with Section 508 of the U.S. Rehabilitation Act as amended and to align with the Web Content Accessibility Guidelines (WCAG) 2.2 Level AA standards and the Americans with Disabilities Act (ADA).

RQI Partners' full accessibility statement can be found at rqipartners.com.

If you need assistance or have any questions, comments, or suggestions regarding accessibility, please contact us via email at RQI.Support@rqipartners.com.