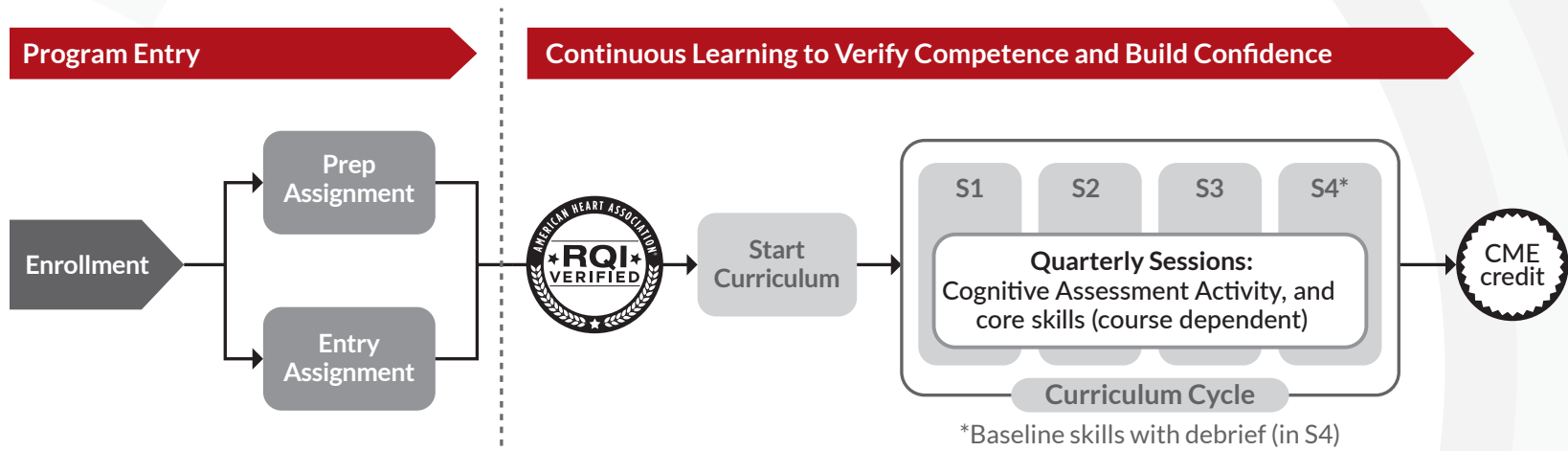# RQI® 2025

MASTERY CPR LEARNING CURRICULA

Meeting the American Heart Association® recommendation for high-quality CPR:
Low-dose, high-frequency mastery CPR learning & verified competence

A Learner's Journey

Program Entry → **Continuous Learning to Verify Competence and Build Confidence**

Enrollment → Prep Assignment / Entry Assignment → **RQI VERIFIED** (AMERICAN HEART ASSOCIATION) → Start Curriculum → **Quarterly Sessions:** Cognitive Assessment Activity, and core skills (course dependent) [S1 S2 S3 S4*] → CME credit

Curriculum Cycle
*Baseline skills with debrief (in S4)

	RQI HEALTHCARE PROVIDER	RQI HEALTHCARE ALS	RQI HEALTHCARE PALS
LEARNER	Personnel directly involved in patient care, such as nurses, physicians, respiratory therapists, and radiologic technicians	Personnel who either direct or participate in adult emergencies, such as emergency response, emergency medicine, intensive care and critical care units	Personnel who respond to infant and children emergencies such as emergency response, emergency medicine, intensive care and critical care units
OBJECTIVE	Verifies competence in high-quality CPR skills and basic life support	Verifies competence in advanced life support skills for adult patients	Verifies competence in pediatric advanced life support skills for children and infant patients
DIAGNOSTIC ENTRY Based on a learner's foundation of knowledge, the RQI Administrator will assign either PREP, needs a foundation, or an ENTRY assignment.	**PREP Assignment** (50-60 mins) • eLearning • Simulation Station Skills • Baseline Skills Check – – – or – – – **Entry Assignment** (15-25 mins) • Simulation Station Skills • Provider Entry Exam • Baseline Skills Check	**PREP Assignment** (70-80 mins) • eLearning – – – or – – – **Entry Assignment** (15-25 mins) • ALS Entry Exam	**PREP Assignment** (75-85 mins) • eLearning – – – or – – – **Entry Assignment** (15-25 mins) • PALS Entry Exam
eLEARNING Cognitive Assessment Activities	• Adult Cardiac Arrest Algorithm • Pediatric Cardiac Arrest Algorithm for 1-Rescuer • Team Dynamics • Pediatric Cardiac Arrest Algorithm for 2 or More Rescuers	• Adult Cardiac Arrest Algorithm • Adult Post Cardiac Arrest Algorithm • Acute Coronary Syndromes Algorithm • Bradycardia Algorithm • Tachycardia Algorithm • Stroke Algorithm • Megacode • Respiratory Arrest	• Mgmt of Respiratory Emergencies • Intervention of Respiratory Emergencies • Mgmt of Shock Emergencies • Septic Shock Algorithm • Bradycardia Algorithm • Tachycardia Algorithm
SIMULATION STATION	• Adult Child Compressions • Adult/Child Ventilations • Infant Compressions • Infant Ventilations • Yearly Baseline Skills Check	ALS – Core skills completed in Provider program.	PALS - Core skills completed in Provider program.
LOW-DOSE, HIGH-FREQUENCY QUARTERLY SESSIONS	[S1 S2 S3 S4*] eLearning Portion: 10-15 mins session/quarter; Simulation Station: 5-10 mins session/quarter; Cognitive Assessment Activities + Core Skills (S1-4) *Baselines skills check w/o feedback — LEARNING	[S1 S2 S3 S4*] eLearning Portion: 20-35 mins session/quarter; Cognitive Assessment Activities (S1-4) — LEARNING	[S1 S2 S3 S4*] eLearning Portion: 30-40 mins session/quarter; Cognitive Assessment Activities (S1-4) — LEARNING

RQI RESPONDER

HANDS-ONLY CPR

LEARNER: Hospital employees who are not directly involved in patient care

Verify Competence Credentials every six months → Entry Assignment 15-20 minutes → **RQI VERIFIED** (AMERICAN HEART ASSOCIATION) → [6 months | 6 months] 15-20 minute sessions/bi-annually → Cognitive + Hands-only CPR — LEARNING

RQI eCREDENTIAL ONGOING COURSE COMPLETION CREDENTIALS

eCredential RQI Healthcare Provider (BLS) · eCredential RQI Healthcare Provider (ALS) · eCredential RQI Healthcare Provider (PALS) · eCredential RQI Responder (RESPONDER)

CE/CME CREDITS

Claimed at the completion of all four quarters

Learners who would receive continuing education:
EMS, Nurse Practitioners, Nurses, Pharmacists, Physician Assistants, Physicians, Respiratory Therapists.

All course content is refreshed as AHA updates science and education.

RQI Partners is committed to accessibility in all digital content it creates to allow inclusion of people with a diverse range of hearing, movement, sight, and cognitive abilities. Therefore, RQI Partners works to ensure that digital components of its web sites meet the accessibility criteria of WCAG Guidelines 2.1 (Level AA).

RQI® Responder
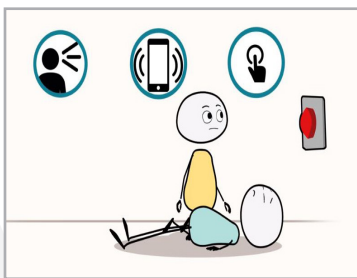## Educating All Staff In CPR Competence

Empowering the Learner to Take Action During an Emergency

Hospital employees who are not directly involved in patient care—groundskeepers, cafeteria staff, housekeeping, security, maintenance, counselors, administrative staff and HR/finance.

Learner Requirements

- Background knowledge and/or training of CPR is NOT required for this program
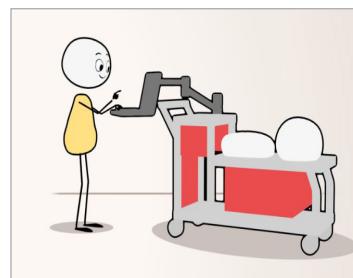- 2-minute introduction video on RQI and how to use the simulation station

It's All in the Hands—Hands-Only CPR

Online Portion—Rescuer Steps

Learners will understand what rescue steps need to be performed to assess a victim. These skills are **knowledge-based** in this program.

- Scene safety
- Tap & shout
- Shout for help and activate the emergency response
- Check for breathing

Simulation Station—Adult Chest Compressions

Learners will understand how to perform chest compression on an adult. These skills are **performance-based** in this program.

- Compression depth
- Compression rate
- Hand placement
- Release (chest recoil)

Verify Competence Credentials Every Six Months

Entry Assignment
15-20 minutes

AMERICAN HEART ASSOCIATION
★ RQI ★
VERIFIED

6 months | 6 months
15-20 minute sessions/bi-annually

Cognitive + Hands-only CPR
LEARNING